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# Tell It To Me Straight, Doc: Conversations Your Doctor Should Have With You

## TELL IT TO ME STRAIGHT, DOC



Conversations Your Doctor Should Have with You

**STEVEN MARX CELESTIN, MD**



## Synopsis

“There is no chronic medical condition that we treat, ever, where the plan should be  
“Just take your meds. Medications are great supportive tools, but they can never be  
greater than the patients themselves. They treat conditions, but they don’t treat  
life. Have you ever left a doctor’s office thinking, “I wish I had a better  
explanation of what’s going on? Have you ever felt like you were being rushed  
during a doctor’s visit? Have you ever felt like your doctor was too quick to recommend  
tests or more medications? This is your chance to have a board-certified family doctor, with over  
sixteen years of experience, share his insights with you about many of the most common medical  
problems we all face in an understandable way. This is your guide to learning more about:  
how our bodies react to illness, how to address common symptoms that lead to medical visits, and  
how to regain control of your health without anyone glancing at their watch or needing a translation  
from “Medicalese” to English. This is your shot to be part of a conversation with your  
doctor, not just a lecture from him/her. This is your opportunity to learn and be empowered, not just  
to be “treated and street-ed. Finally, this is your chance to say, without hesitation,  
“Tell It to Me Straight, Doc.”

## Book Information

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## Customer Reviews

What a terrific guide for patients who want to take charge of their health! This is a must-have for anyone who has had unfulfilling or outright-bad relationships with their current or past docs. I feel like I have more control over how my future medical visits are going to go! Thank you Dr. C!!!

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